

CCAD Myopia Update

Organized by: Cleveland Clinic Abu Dhabi

Location: CCAD – P1

Date: Sunday May 11, 2025 (9:00 am – 4:30 pm)

Audience: Ophthalmologists, Optometrists, Orthoptists and Ophthalmic Nurses.

Speaker	Topic	Duration	Moderator	Timeline
Welcome Reception & Registration		45 mins		8:30-9:00
Dr. Francesco Pichi	Opening remarks	15 mins		9:00 – 9:15
The Big Picture – Understanding Myopia Today				
Prof. Paolo Nucci	“Myopidemia”: unmasking the new pediatric ocular crisis	15 mins	Ameer Abou Adela	9:15 – 9:30
Dr Carla Lança	Risk factors & myopia monitoring	15 mins		9:30 – 9:45
Dr Rizwana Hussaindeen	IMI insights: the overlooked link between binocular vision and myopia progression	15 mins		9:45 – 10:00
Myopia: Thinking Outside the Box				
Dr. Arif Khan	When myopia is the sign of an undiagnosed syndrome	15 mins	Dr Arif Khan	10:00 – 10:15
Prof. Paolo Nucci	Crossed paths: rethinking the link between strabismus and myopia	15 mins		10:15-10:30
Yasmin El Rouby	Myopia as a public health priority	15 mins		10:30-10:45
Discussion		15 mins		10:45-11:00
Coffee Break		15 mins		11:00 – 11:15
Interventions in Myopia				
Prof. Paolo Nucci	Beyond the blur: modern strategies to control pediatric myopia	15 mins	Dr. Rasha Rachmani	11:15– 11:30
Dr. Andrew Malem	Red-light therapy	15 mins		11:30 – 11:45
Zabila Khan	Environmental modifications in myopic patients	15 mins		11:45 – 12:00
Discussion		15 mins		12:00 – 12:15
Lunch		1 hour and 30 mins		12:15 – 13:15

Diamond Company Presentation		25 mins		13:15 – 13:40
Gold Company presentation		20 mins		13:40 – 14:00
Silver Company presentation		15 mins		14:00 - 14:15
Optical interventions in Myopia				
Dr. Rasha Rachmani	Peripheral defocus and soft multifocals	15 mins	Dr. Yasmine El Rouby	14:15 – 14:30
Dr. Andrew Malem	HALT lens: 6 year data update	15 mins		14:30 – 14:45
Irene Sophia	Orthokeratology	15 mins		14:45- 15:00
Discussion		15 mins		15:00 -15:15
Coffee Break		15 mins		15:15 – 15:30
Surgical and Clinical Challenges in Myopia				
Prof Paolo Nucci	Cornea challenges and Considerations in childhood and myopia	15 mins	Dr. Andrew Malem	15:30 – 15:45
Dr. Francesco Pichi	Myopic and inflammatory CNVs in young adults	15 mins		15:45 – 16:00
Dr. Luai Eldewik	Diagnostic pitfalls in the optic nerve assessment of myopic patients	15 mins		16:00 – 16:15
Discussion		15 mins		16:15 – 16:30
Dr. Arif Khan	Closing remarks	15 mins		16:30 – 16:45